

# Breakthrough on Skis

Aspen/ Snowmass, Colorado

Experience the only intensive week-long ski course based on **Lito Tejada-Flores'** best selling books, DVD and videos. **BREAKTHROUGH ON SKIS**, the shortest route to expert skiing, is designed with one goal-to take you from intermediate plateau into the world of expert skiing ... bumps and beyond.

**Breakthrough on Skis** is entering its 17<sup>th</sup> season and has evolved into an Aspen/Snowmass tradition; bringing participants back year after year. We welcome and encourage you to join us for a great week of skiing. **Breakthrough on Skis**

## Why the Program Works

These weeks are so successful because you, our participants, make such a commitment of time and enthusiasm, both to skiing and yourself. With five full days of coaching, you will build new muscle memory and change those habits that have prevented progress in your skiing. In five days everything can change!

The success of this program is also due to the quality of the teaching pro. Having worked with **Lito**, our coaches have a deep understanding of his method of transforming intermediate skiers into real experts.

The simple approach **Lito** developed and refined simply works. **Breakthrough on Skis** is not “business -as -usual” ski instruction. Instead it breaks down expert skiing into a few key elements – not dozens of “tetchy” details or new fads. These key elements are moves you can master and enjoy for years to come.

*Being in good physical condition before starting the program will add even more to your success.* The physical demands of skiing multiple days at high altitude in different types of terrain are much more easily met with proper conditioning.

So if you are really ambitious about your skiing-and eventually would like to feel at home in all terrain, including bumps, double-black diamond slopes and powder-**this is the course for you.** With four fabulous mountains with varied terrain to use, we have room to practice, room to move and room to ski.



## The Program

**Five full days of coaching starting on Sunday, with Wednesday off, and ending with a fun Friday night banquet dinner.**

### Program Notes

**\*Sunday 9 a.m.** – Organizational meeting with the coaches at the Stonebridge Inn. Lift and lesson tickets will be handed out at this meeting. We adjourn to the slopes of Snowmass where groups of similar ability will be formed (averaging five participants per group).

**\*Sunday, Monday & Tuesday-4 p.m.** après ski - fun informative lectures will be served with drinks and appetizers.

**\*Wednesday** - Free skiing day on your own or just enjoy your day off and check out the Aspen/Snowmass area.

## SNOWMASS, OUR HOME BASE

The Stonebridge Inn serves as our home base. With a great slope side location and many amenities, daily and direct access to buses to the other ski areas and downtown Aspen, the Stonebridge is offering an early season discount on rooms to participants in the Breakthrough program. All meetings and the banquet will be held at the Stonebridge. We have negotiated early booking discount rates for Breakthrough participants.

	Ridge View	Mountain View	
12/11	\$ 99.00	\$119.00	BETTER VALUE ON
1/8-1/13	\$169.00	\$189.00	ROOM RATES THAN LAST YEAR
1/15-1/20	\$169.00	\$189.00	
1/22-1/27	\$169.00	\$189.00	
1/29-2/3	\$169.00	\$209.00	

The rates above are for those booked by **July 13<sup>th</sup>**. The rates would then increase \$15 for those booked by **August 31<sup>st</sup>**, and any booked after that would be at best available. So book your room early and be sure to mention **Breakthrough on skis**. For information on room rates please call the **Stonebridge Inn toll free 800-922-7242**.

[www.destinationsnowmass.com](http://www.destinationsnowmass.com)



## Cost

*The five day course of only \$ 1,699 includes  
5 days of instruction and lift ticket  
Apres-ski lectures  
Banquet dinner*

*If you arrive early or stay longer or would like to ski on Wednesday, an extended discount lift rate is available.*

## Dates

*December 11-16,2011  
January 8-13, 2012  
January 15-20, 2012  
January 22-27,2012  
January 29-Feb.3, 2012*



## RESERVATIONS

Please call Advanced Sales at the Aspen Skiing Company toll free at 877-282-7736. You may also email questions or concerns directly to the program coordinators :

Lavelle Saier at [ocean-eyes@msn.com](mailto:ocean-eyes@msn.com)

Mike Romanus at [rom@rof.net](mailto:rom@rof.net)



## ***A Note from LitoTejada-Flores***

Let me take a moment to tell you that Mike and Lavelle and their team of pros and coaches are not just good friends; they are also – collectively and individually – the finest, most dedicated, caring and creative ski teachers I ever had the privilege of working with. This program is the result of years of exciting instruction and experimentation. Creating Breakthrough on Skis was a team effort and this is a ski-coaching team without equal. I am confident that these weeks are the best ski lessons offered anywhere this winter.

**Good skiing, Lito Tejada Flores**

### **A NOTE FROM THE COORDINATORS**

We hope you will join us for a fun-filled week of unforgettable skiing at one of the world's premier ski resorts, a week devoted first and foremost to expanding your skiing horizons with real breakthroughs – a ski week that really delivers! **Lavelle Saier & Mike Romanus**

**Program Coordinators**

Check out Lito's book and tapes at

***Breakthrough on skis.com***

Video Breakthrough on Skis-The Video

Breakthrough on Skis-Bumps and Powder Breakthrough on Skis-The New Skis